

### Loknete Rajarambapu Patil Ayurvedic Medical College, Hospital, Post Graduate Institute and Research Center, Islampur, Tal: Walwa, Dist: Sangli.

NAME OF DEPARTMENT/COMMITTEE: - NSS COMMITTEE

**ACADEMIC YEAR: 2021-22** 

## **EVENT / ACTIVITY REPORT**

Title of Event / Activity: Samuhik Suryanamaskar Pratyakshik.

Date: 14 Jan. 2022

Time: 10 am

Duration of the activity: - 1hr

Venue: - Prakash Public School

Name of Secretary/Coordinator/s: Dr. Rahul Nakil / Mr. Shashikant Mane

#### Objectives to attend the Event / Activity:-

- 1. To get interest in suryanamaskar
- 2. To aware about exercise

Guest faculty with designation (if applicable):-

## Event / Activity report:-

Surya namaskars were performed by NSS volunteers at sunrise time. Yoga teacher Shashikant Mane was guided and demonstrated volunteers for performing Suryanamaskar. Dr.Rahul Nakil was present for program.

#### Outcome of Event:-

1. Volunteers got trained in Suryanamaskar.

# List of Documents Attached: - (√ markwhichever is applicable)

- 1. Permission of Institute
- 2. Notice of the event-  $\sqrt{\phantom{a}}$
- 3. Attendance (Student, Teacher, Others) V
- 4. Photos of the event (Geo tagged)  $\sqrt{}$
- 5. Event report-  $\sqrt{\phantom{a}}$
- 6. Account /Budget/Tally report

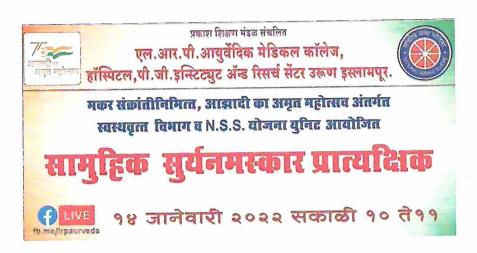
#### Copy to:

- 1. NSS Department
- 2. Ictc Department

Signature of Co-ordinator

N.S.S. Programme Officer Loknete Rajarambapu Patil Ayurvedic Medical College, Hospital, P.G. Institute & Research Center, ISLAMPUR Cyalista, Dist. Sangli. 415 409 (MH)

oknete Rajarambapu Patil Ayurvedik Medical College, Hospital, P G.institute & Research Center. Urun-Islampur Tal. Walwa, Dist. Sangli



#### Suryanamaskar



