

**Loknete Rajarambapu Patil Ayurvedic Medical College, Hospital,
Post Graduate Institute and Research Center, Islampur, Tal:
Walwa, Dist: Sangli.**

**NAME OF DEPARTMENT/COMMITTEE - SWASTHAVRITTA DEPT&NSS
COMMITTEE**

ACADEMIC YEAR: 2021-22

EVENT / ACTIVITY REPORT

Title of Event / Activity: International Yoga Day 2022

Date: 21 June 22

Time: 7.30am

Duration of the activity: - 7 days

Venue: - College Campus

Name of Secretary/Coordinator/s: Dr. Rahul Nakil

Objectives to attend the Event / Activity:-

1. To make celebrate International Yoga Day
2. To arrange various competitions to promote yoga
3. To make aware about Yoga.

Guest faculty with designation (if applicable):- YOGA WEBINAR

1. Dr. Nisar Sheikh, M.D.Swasthavritta,Pune.
2. Mrs.Megha Mohite ,Yoga teacher, Pune.

Event / Activity report:-

On occasion of International Yoga Day 'Yog Saptah' (Various competitions - Poster, Essay, Yogasan,) was carried out for students. Yoga Webinar was conducted by Swasthavritta dept through Zoom & You tube on 20.6.22 . On International Yoga Day, yoga protocol was performed in Sambhuappa Math and yog dindi was conducted in Urun-Islampur. 168 students were present for this program on 21.6.22

Yoga and ayurveda promotional lectures were conducted in various schools.

Sr.No.	School Name	Date	Lecture by
1.	Islampur Highshool	18.6.22	Dr.Rahul Nakil
2.	Mahatma phule, Islampur	14.6.22	Dr.Indrajit Patil
3.	Sadguru Ashram Shala	16.6.22	Shashikant Mane (Yoga teacher)
4.	Prakash Public School	17.6.22	Dr,Shweta Nakil
5.	Dnyandeep International	15.6.22	Dr.Kuldeep Chile

Dr.Shweta Nakil delivered lecture on "Therapeutic uses of Pranayam"

For Webinar of SMBT Ayurvedic college ,Nashik on 18.6.22.

Outcome of Event: -

1. Yoga got promoted
2. Results of competitions are as follows


Sr.No	Competitions	Participants	Winners
1	Poster	05	1.Sakshi Bhande 2.Mayuri Sadaphule 3.Omkar Adake
2	Essay	08	1.Amruta Nikam Ilyr 2.Aishwarya Panchal 3. Sharvari Sanjay Manglekar-Patil
3	Yogasan	11	1. Aishwarya Panchal 2.Vinit Ekshinge 3.Uday Shinde.

List of Documents Attached: - (✓ mark whichever is applicable)

1. Permission of Institute
2. Notice of the event- ✓
3. Attendance (Student, Teacher, Others) - ✓
4. Photos of the event (Geo tagged) - ✓
5. Event report- ✓
6. Account /Budget/Tally report

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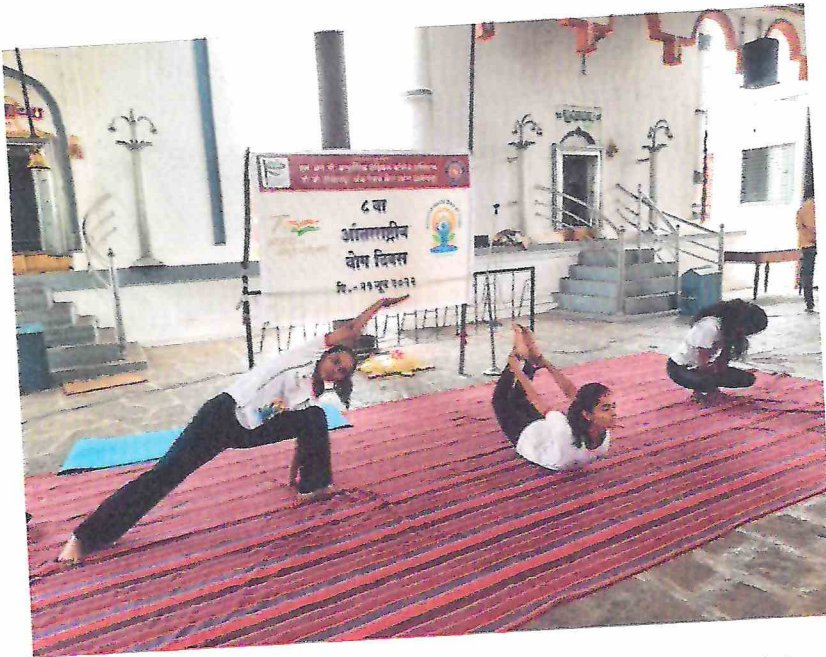
1. NSS Department
2. Ictc Department


Signature of Co-ordinator

N.S.S.
Programme Officer
Loknete Rajarambapu Patil Ayurvedic
Medical College, Hospital, P.G. Institute
& Research Center, ISLAMPUR
Tal. Walwa, Dist. Sangli. 415 403 (MH)


Signature of Principal

DEAN
Loknete Rajarambapu Patil
Ayurvedic Medical College, Hospital,
P.G. Institute & Research Center.
Urun-Islampur Tal. Walwa, Dist. Sangli



➤ 3 Yogasan Competitions

Prakash Swamiji Maharaj's
L. R. P. Ayurvedic Medical College, Hospital
P.G. Institute & Research Centre,
Prakash Nagar Urur - Islampur.
(AN ISO 9001 : 2008 CERTIFIED INSTITUTE & MUMBAI, INDIA APPROVED PGD CENTRE)


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आजादी का
अमृत महोत्सव

National Webinar on Yoga


Organized By
**Dept. of Swasthavritta & Yoga
& NSS Unit**


on
20 June 2022 11:00 am onwards

Resource Person




Vd. Nisar Shaikh
Topic: Krishna Yoga, Important Aspect
of Yoga Therapy





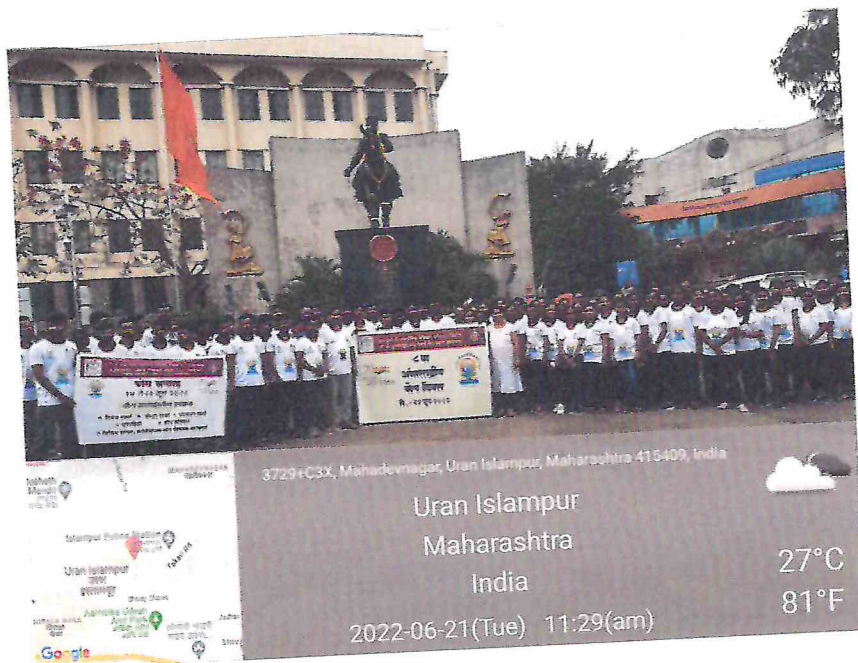
Mrs. Megha V. Mohite
Topic: Importance of Yoga in Daily
Living



➤ 4 Webinar



➤ 5 Yoga Dindi






➤ 5 Yoga Dindi



➤ 6 Yoga Protocol

Prakash Shiksha Mandal's
L. R. P. Ayurvedic Medical College, Hospital P.G. Institute
& Research Centre, Prakash Nagar Urun - Islampur.
(AN ISO 9001:2005 CERTIFIED INSTITUTE & MUHS, NASHIK APPROVED PGD CENTRE)

 **योग सप्ताह** 
१४ ते २० जून २०२२
आज़ादी का
अमृत महोत्सव

योग सप्ताहातील उपक्रम

- * निबंध स्पर्धा * पोस्टर स्पर्धा * योगासन स्पर्धा
- * योगदिंडी * योग वेबिनार
- * विविध शाळा, कॉलेजमध्ये योग विषयक व्याख्यान

➤ 7 Competition

हॅलो प्रभात

एलआरपी आयुर्वेद कॉलेजमध्ये योगदिन साजरा

इस्लामपुर : हॅलो प्रभात

इस्लामपुर येथील एलआरपी आयुर्वेदिक मेडिकल कॉलेज अँड पोस्ट ग्रॅज्युएट इन्स्टिट्यूट मधील आध्यापक, विद्यार्थी, विद्यार्थिनी यांनी आंतरराष्ट्रीय योग दिवस साजरा केला.

याबरोबर आझादी का अमृत महोत्सव निमित्त उत्कृष्ट इस्लामपुर येथील ऐतिहासिक संभु आप्पा जुबाण मठामध्ये साजरा करण्यात आला. यावेळी ११ वे महाभारत निरंजित मठकरी यांनी योग दिनानिमित्त विद्यार्थ्यांना शुभेच्छा दिल्या. महाविद्यालयातील सर्व विद्यार्थ्यांनी योगाभ्यास केला, त्यासाठी त्यांना योग शिक्षक श्रियाकांत भाने यांनी मार्गदर्शन केले. आंतरराष्ट्रीय योग दिन व कॉलेजचे समन्वयक, एनएसएस



विभाग अधिकारी डॉ. राहुल नाकिल, सहायक अधिकारी डॉ. शेता नाकिल व डॉ. मुहम्मद सय्यद यांनी ह्या कार्यक्रमाचे निरोजन केले. प्राचार्य डॉ. वीरेंद्र मिनकीरे यांचे मार्गदर्शन लाभले.

त्यानंतर योगासने स्पर्धा देण्यात आल्या, या स्पर्धेत प्रथम

क्रमांक ऐश्वर्या पांचाळ व विनित एकलिंगे यांना विभागून देण्यात आला. द्वितीय क्रमांक उदय शिंदे या विद्यार्थ्याला मिळाला. योग जनजागृतीसाठी उत्कृष्ट- इस्लामपुर शहरातील प्रमुख मार्गावरून योग दिंडी काढण्यात आली. निविध टिकाणी या दिंडीचे स्वागत केले.

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PRAKASH SHIKSHAN MANDAL'S

**LOKNETE RAJARAMBAPU PATIL
AYURVEDIC MEDICAL COLLEGE, HOSPITAL,
P.G. INSTITUTE AND RESEARCH CENTER,
ISLAMPUR**

11.6.2022

Notice

Hereby informed you that on occasion of International Yoga Day 2022, Swasthavritta & Yoga department has arranged competitions for students.

No.	Competition	Subject
1	Essay competition(English & Marathi) Limit-200 words	Yoga & health
2	Poster competition	Importance of Yoga
3	Yogasan competition	

Participants should submit their Essay & posters in Swasthavritta dept. upto 17 June 2022. Afterwards entry will not be included in competitions.


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