



**Loknete Rajarambapu Patil Ayurvedic Medical College, Hospital,
Post Graduate Institute and Research Center, Islampur,
Tal: Walwa, Dist: Sangli.**

**NAME OF DEPARTMENT/COMMITTEE: - SWASTHAVRITTA & NSS COMMITTEE
ACADEMIC YEAR: 2021-22**

EVENT / ACTIVITY REPORT

Title of Event / Activity: Poshan Abhiyan 2021 (Poshan Mahina)

Date: 1-30 Sep. 2021

Time:

Duration of the activity: - 30 days

Venue: - College Campus

Name of Secretary/Coordinator/s: Dr. Shweta Nakil

Objectives to attend the Event / Activity: -

1. To promote nutrition for Suposhit Bharat.
2. To promote organic food.

Guest faculty with designation (if applicable): -

1. **Dr.Pramila Battase. (MSC.PHD) (Chem.) Guest Speaker**
2. **Dr.Minaxi Arun Kurhe (Dietition) Guest Speaker**

Event / Activity report: -

1. Cultivation of Domestic medicinal plants in garden on 1.9.21
2. Guest lecture by Dr.Pramila Battase on Nutri-kitchen Garden through YouTube live on 8.9.21 with Dravyaguna dept.
3. Health check-up of school children was conducted on 15.09.21 &20.9.21 at Prakash Public school and tips for diet were given to them.
4. Yoga for pregnant women and school going children were taught through by yoga teacher Shashikant Mane though live video.
5. Guest lecture by Minaxi Arun Kurhe (Dietition) on Balanced diet using locally grown vegetables, grains & fruits through YouTube live on 21.9.21with SRPT & Balrog dept.
6. Chikki and Soya chunks were distributed to pregnant ladies and under nourished children at Walwa PHC on 22.9.21 and in college campus on 23.9.21. Diet for pregnancy was advised to them.

Outcome of Event: -

1. Students got knowledge and tips regarding nutri- kitchen garden.
2. Promotion of yoga to pregnant ladies and children were done.
3. Students got knowledge regarding Balanced diet.
4. 40 soyachunks & 20 chikkis were distributed
5. 250 students checked in health camp
6. Promotion of nutrition was done through various events.

List of Documents Attached: - (✓ mark whichever is applicable)

1. Permission of Institute
2. Notice of the event- ✓
3. Attendance (Student, Teacher, Others) - ✓
4. Photos of the event (Geo tagged) - ✓
5. Event report- ✓
6. Account /Budget/Tally report

Copy to:

1. NSS Department
2. Ictc Department

Signature of Co-Ordinator

Signature of Principal



Prakash Shikshan Mandal's

L. R. P. Ayurvedic Medical College, Hospital P.G. Institute & Research Centre, Prakash Nagar Urin - Islampur.

(AN ISO 9001 : 2005 CERTIFIED INSTITUTE & MUHS, NASHIK APPROVED PhD CENTRE)



NSS UNIT & DRAVYA GUNA
DEPARTMENT, LRPAMC, ISLAMPUR
PRESENTS

Online Guest Lecture on

"NUTRI KITCHEN GARDEN"

Date – 08/09/2021 at 03:00 PM

BY

DR. PRAMILA BATTASE

M.Sc.PhD, (Chem.)

YOUTUBE LINK – <https://youtu.be/9JtYSzyRuzU>



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NSS UNIT, KAUMARBHRITYA & PRASUTI TANTRA
STRIROG DEPARTMENT, LRPAMC, ISLAMPUR
PRESENTS

ONLINE GUEST LECTURE ON

"BALANCED DIET USING LOCALLY GROWN VEGETABLES, GRAINS & FRUITS"

Date – 21/09/2021 at 02:30 PM

BY

DR. MINAKSHI ARUN KURHE

B.A.M.S., DNHE

YOUTUBE LINK – <https://youtu.be/ObNCPARPR8I>





