



PRAKASH SHIKSHAN MANDAL'S

**LOKNETE RAJARAMBAPU PATIL AYURVEDIC
MEDICAL COLLEGE, HOSPITAL, POST GRADUATE
INSTITUTE AND RESEARCH CENTER, ISLAMPUR**

**VALUE ADDED
COURSE
IN
PREPARATION OF
KSHARSUTRA
(DESIGNED BY DEPT. OF SHALYA TANTRA)**

Aim :

To establish training in Preparation of Ksharasutra.

Course Objectives:

1. To explain basic knowledge of Ksharsutra To explain Characteristics of each type of Ksharsutra.
2. To explain Importance and scope of Ksharsutra.
3. To explain recent advances in understanding the Ksharsutra.

Course Outcomes:

1. Explain definition , Guna, Dosha, Karma and Prakara of Kshara and Kshara Karma
2. Describe Classification & Types of Ksharsutra
3. Describe Characteristics of different types of kshara.
4. Explain Importance of Ksharsutra.
5. Describe the scope of Ksharsutra

Eligibility Criteria : IV BAMS Students/ Interns/ PG students .

Course Design:

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| Name of the Course | Value added course in Preparation of Ksharasutra |
| College Code | 122113 |
| Course Code | VACST |
| Duration | 6 Months |
| Teaching Scheme: Lecture/ practical | 20 hrs |
| Evaluation Scheme | Method of Examination: Multiple choice examination : 50 marks Passing Criteria : Minimum 50% Marks |
| Course Language | English & Marathi |
| Intake Capacity | 30 |

Course Content:

| Sr.No. | Syllabus Content | Teaching Hours |
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| 1. | Anatomy of Rectum & anal canal | 1 Hour |
| 2. | Kshara and Kshara Karma-nirukti, Pradhanyata and Kshara Karma Guna, Dosha, Karma and Prakara | 1 Hour |
| 3. | Yogya, Ayogya, Procedure of Kshara Karma and its Upadrava and Chikitsa. | 1 Hour |
| 4. | Kshara nirmana vidhi | 4 Hours |
| 5. | Knowledge of different types of kshar & Kshara Varti | 1 Hour |
| 6. | Kshara Sutra – Preparation, Indications, Contraindications | 8 Hours |
| 7. | Different types of Kshar sutra Apamarga Kshara, Kadali Kshara etc | 1 Hour |
| 8. | Method of application of Kshara Sutra, Complications and their Management. | 1 Hour |
| 9. | Application of Kshara Sutra in Bhagandara Fistula-in-ano, Nadi vrana | 2 Hours |

Reference Books:

- Sushruta Samhita.
- Ashtanga Sangraha.
- Ashtanga Hridaya.
- Ksharsutra management in anorectal ailments – Dr. S.K.Sharma, Dr.K.R.Sharma and Dr.Kulwant Singh.
- Anorectal diseases in Ayurveda – Dr. Sijorria and Dr. Praveen Kumar Chowdary.
- Recent advances in the management of Arshas/Haemorrhoids – Dr. P. Hemantha Kumar.
- A consice Text book of Surgery – S. Das.
- Ksharsutra – Dr.S.N.Pathak.