

Hon. Nishikant Bhosale-Patil (Dada) Founder, Prakash Shikshan Mandal, Islampur

Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL, P.G.INSTITUTE AND RESEARCH CENTER, ISLAMPUR DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



YUTHIKA

Marathi: Jui

Botanical name: Jasminum auriculatum

Synonyms: Jasminum ovalifolium, Jasminum mucronatum, Mogorium trifoliatum

Family: Oleaceae (Jasmine family)

Common name: Juhi

Description: It is a beautiful flower with extremely heavy gardenia type scent. This species is not very common though it deserves a special attention. It is a stunning, small climbing bushy plant with simple ovate dark green small leaves and powdery satin white flowers. Leaves are opposite, ashy-velvety, sometimes hairless, simple or trifoliolate. Lateral leaflets are much smaller, rarely exceeding 4 mm in diamter, the central one up to 3.5 cm long and 1.5 cm broad, ovate, shortly pointed. Nerves are few, lowest oblique. Bracts are linear, 4 mm long. Flowers are fragrant, in many-flowered cymes. Flower-stalks are up to 5 mm long. Calyx 3 mm long, pubescent, teeth minute. Flowers are white, tube 1.5 cm long, lobes elliptic, up to 8 mm long. Berry is 5 mm in diameter, globose, black. The flower is held sacred to all forms of Goddess Devi and is used as sacred offerings during Hindu religious ceremonies.

Attributes: Ras – Tikta, Kashay, Vipak – Katu, Virya – Ushna,

Guna -Laghu, Snigdha, Mrudu.

Medicinal uses: Yutika (Juhi) – Jasminum auriculatum is a herb mentioned in Ayurveda for the treatment of burning micturition, treatment of wounds, diseases of the oral cavity, headaches and poison cases.