



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
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Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

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DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



VARUNA

Marathi:

Botanical name:

Synonyms:

Family:

Common name:

Description:

Vayavarna

Crataeva nurvala

Crateva magna, Crateva religiosa var. nurvula, Crateva lophosperma

Capparidaceae

Three leaved caper

Varuna consists of dried stem bark of Crataeva nurvala, a small wild or cultivated tree found throughout the year in India, often found along streams, also in dry, deep boulder formation in Sub-Himalayan tracts. Thickness of bark varies, usually 1-1.5 cm according to the age and portion of the plant. From where the bark is removed, outer surface, greyish to greyish-brown with ash-grey patches, at places, surface rough due to a number of lenticels, shallow fissures and a few vertical or longitudinal ridges, inner most surface smooth and cream white in colour, fracture tough and short, odour, indistinct, taste, slightly bitter.

Attributes :

Ras – Tikta, Kashaya, Madhura, Virya – Ushna, Vipaka – Katu, Guna – Laghu, Ruksha

Medicinal uses:

Ashmari, Gulma, Mutrakrucchra, Vidradhi

The bark is hot, bitter at first, and then sweet sharp Taste; easy to digest; stomachic, laxative, antilithic, Vesicant, anthelmintic, detergent, bechic, expectorants; Removes Vata, well in strangury, biliousness. The bark Promotes appetite, decreases the secretions of the bile and Phlegm, and removes disorders of urinary organs. It also Acts as demulcent, antipyretic, sedatives, alterative and Tonic. The bark is useful in some cases of urinary Complaints and fever, and in some mild forms of skin Disease. Leaves are stomachic, tonic and are used externally to rubefacient and internally febrifuge and tonic. The root and the bark are laxative and lithontriptic; the root is also alterative. Root and bark Promote appetite, increase biliary secretion.