

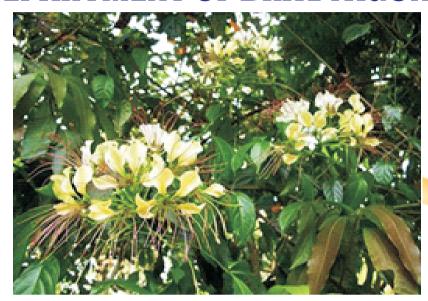
Hon. Nishikant Bhosale-Patil (Dada) Founder, Prakash Shikshan Mandal, Islampur

5

Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL AYURVEDIC MEDICAL COLLEGE, HOSPITAL, P.G.INSTITUTE AND RESEARCH CENTER, ISLAMPUR DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



VARUNA

Marathi: Vayavarna

Botanical name: Crataeva nurvala

Synonyms: Crateva magna, Crateva religiosa var. nurvula, Crateva lophosperma

Family: Capparidaceae Common name: Three leaved caper

Description: Varuna consists of dried stem bark of Crataeva nurvala, a small wild or cultivated tree found throughout the year in India, often found along streams, also in dry, deep boulder formation in Sub-Himalayan tracts. Thickness or bark varies, usually 1-1.5 cm according to the age and portion of theplant From where the bark is removed, outer surface, greyish to greyish-brown with ash-Grey patches, at places, surface rough due to a number of lenticels, shallow fissures and aFew vertical or longitudinal ridges, inner most surface smooth and cream white in colour, Fracture tough and short, odour, indistinct, taste, slightly bitter.

Attributes: Ras – Tikta, Kashay, Madhur, Virya – Ushna, Vipak – Katu, Guna –

Laghu, Ruksha

Medicinal uses: Ashmari, Gulma, Mutrakrucchra, Vidradhi

The bark is hot, bitter at first, and then sweet sharp Taste; easy to digest; stomachic, laxative, antilithic, Vesicant, anthelmintic, detergent, bechic, expectorants; Removes Vata, well in strangury, biliousness. The bark Promotes appetite, decreases the secretions of the bile and Phlegm, and removes disorders or urinary organs. It also Acts as demulcent, antipyretic, sedatives, alterative and Tonic. The bark is useful in some cases of urinary Complaints and fever, and in some mild forms of skin Disease. Leaves are stomachic, tonic and are used externally rube facient and internally febrifuge and tonic. The root and the bark are laxative and lithontriptic; the root is also alterative. Root and bark Promote appetite, increase biliary secretion.