

Hon. Nishikant Bhosale-Patil (Dada) Founder, Prakash Shikshan Mandal, Islampur Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

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DEPARTMENT OF DRAVYAGUNA



TALMULI

Marathi: Kalimusali

Botanical name: Curculigo orchioides

Synonyms: Curculigo ensifolia, Curculigo brevifolia, Hypoxis orchioides

Family: Hypoxidaceae (Star Grass family)
Common name: Golden Eye Grass, Orchid palm grass

Description: Golden Eye Grass is a herbaceous tuberous perennial with a short or elongate root stock bearing several fleshy lateral roots. The plant can grow up to 10-35 cm tall. Leaves sessile or petiolate 15-45x1.3-2.5 cm, linear or linear lanceolate, tips sometimes rooting, scape very short, clavate. It has hardy leaves and can take shade: the leaves will just get a bit longer in the shade than in full sun shine. During flowering period it open a golden yellow flower at the leaf base every day. This can form a cute miniature plant pot in your room. Flowering: July-August.

Attributes: Ras—Madhur, Tikta Vipak—Madhur Virya - Ushan

Guna-Guru, Snigdha, Picchil

Medicinal uses: The rhizomes of the plants are used for the treatment of decline in strength, jaundice and asthma. According to Ayurveda, root is heating, aphrodisiac, alternative, appetizer, fattening and useful in treatment of piles, biliousness, fatigue, blood related disorders etc. According to Unani system of medicine, root is carminative, tonic, aphrodisiac, antipyretic and useful in bronchitis, ophthalmia, indigestion, vomiting, diarrhea, lumbago, gonorrhea, gleet, hydrophobia, joint pains etc.