



**Hon. Nishikant Bhosale-Patil  
(Dada)**

Founder, Prakash Shikshan  
Mandal, Islampur



Prakash Shikshan Mandal's

**LOKNETE RAJARAMBAPU PATIL**

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

P.G. INSTITUTE AND RESEARCH CENTER, ISLAMPUR

DIST-SANGLI (MAHARASHTRA) INDIA

## DEPARTMENT OF DRAVYAGUNA



## SHOBHANJAN

**Marathi:**

**Botanical name:**

**Synonyms:**

**Family:**

**Common name:**

**Description:**

Shewga

Moringa oleifera Lam

Moringa zeylanica

Moringaceae

Drumstick, Horse radish

Moringa is deciduous and fast growing tree with average height of 20 to 25 ft. with fragile, soft whitish-grey colored bark and hardwood. The bark is surrounded by thick cork. Young shoots have purplish or greenish-white, hairy bark. Leaves are tripinnate and compound. Leaflets are oval shaped and opposite. Flowers are fragrant and hermaphroditic, surrounded by five unequal, thinly veined, yellowish-white petals. Fruit is a hanging, rounded, three-sided brown capsule of 20–45 cm size which holds dark brown, globular seeds. The seeds have three whitish papery wings and are dispersed by wind and water. Seeds are called white pepper also.

**Attributes :**

Ras – Madhur, Tikta, Katu Vipak – Katu Virya - Ushna Guna – Laghu

**Medicinal uses:**

Moringa is believed to have many benefits and its uses range from health and beauty to helping prevent and cure diseases. Protecting and nourishing skin and hair, Treating edema, Protecting the liver, Preventing and treating cancer, Treating stomach complaints, Fighting against bacterial diseases, Making bones healthier, Treating mood disorders, Protecting the cardiovascular system, Helping wounds to heal, Treating diabetes, Treating asthma, Protecting against kidney disorders, Reducing high blood pressure, Improving eye health, Treating anemia and sickle cell disease