



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
Mandal, Islampur



Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

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DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



SHLESHMATAK

Marathi:

Botanical name:

Synonyms:

Family:

Common name:

Description:

Bhokar

Cordia dichotoma

Cordia indica, *Cordia ixiocarpa*, *Cordia domestica*

Boraginaceae

Indian cherry, Clammy cherry, Fragrantmanjack

Indian cherry is a small to medium-size deciduous tree with a short crooked trunk, short bole and spreading crown. Leaves are simple, entire and slightly toothed, elliptical-lance shaped to broad ovate with a round and heart-shaped base. The stem bark is grayish brown smooth or longitudinally wrinkled. Flowers are short stalked, bisexual and white to pinkish in colour and appear in loose corymbose cymes. Flowers are dimorphic, stalkless. Calyx is bell-shaped, 5-6 mm, 5-lobed; sepals unequal, triangular. Flowers are about as long as calyx; petals shorter than tube, margin somewhat wavy. Filaments of male flowers are about 3.5 mm, filaments of bisexual flowers 1-2 mm. Fruits are edible with sticky flesh mass. It is a yellow or pinkish-yellow shining spherical or ovoid drupe seated in a saucer-like enlarged calyx. It turns black on ripening and the pulp gets sticky. Indian cherry grows in the sub-Himalayan tract and outer ranges, ascending up to about 1500 m altitude. It is found in diverse of forests ranging from the dry deciduous forests of Rajasthan to the moist deciduous forests of Western Ghats and tidal forests in Myanmar. In Maharashtra, it grows in moist monsoon forest.

Attributes :

Rasa- Madhur, Kashay, Tikta, Vipak-Madhur, Veerya- Sheet, Guna- Pakwaphal- Snigdha, Guru.

Medicinal uses:

Cordia dichotoma is used in Ayurveda, and Unani system of medicine for treating cold, cough, coryza, fever, and skin diseases. Fruits of the tree are edible, slimy, and heavy to digest. They are given in colic pain, disorders of blood, seminal weakness, and sexual disorders.