



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
Mandal, Islampur



Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

P.G. INSTITUTE AND RESEARCH CENTER, ISLAMPUR

DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



SHIRISHA

Marathi:

Botanical name:

Synonyms:

Family:

Common name:

Description:

Shirish

Albizia lebbek

Mimosaceae

Siris tree, Woman's tongue

Medium to large tree with gray-brown bark; leaves bipinnate, the primary leaflets subopposite, 2-4 pairs; ultimate leaflets opposite, 6-8 pairs, oblong, slightly asymmetric, blunt, 2.5-4.5 cm long. Flowers mimosa-like, in showy, rounded clusters near stem tips, 5-6 cm across, cream or yellowish-white, each flower with numerous long stamens. Fruit a flat, linear pod, to 30 cm long, with many seeds; dried pods persistent after leaf-fall, often heard rattling in the wind.

Attributes :

Ras – Kashay, Tikta, Madhur, Vipak – Katu, Virya – Alpa Ushna, Guna – Laghu, Ruksha Tikshna, Prabhav - Vishagna

Medicinal uses:

Use of Shirisha has been extensively recommended to neutralize toxins in the body. It has also been used in the treatment of respiratory afflictions like bronchial asthma. Based on various experimental and clinical observations use of Sirish bark in the form of a herbal tea for asthmatic persons has been recommended. Such usage help to control the frequency and intensity of the asthmatic attacks.