



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
Mandal, Islampur



Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

P.G.INSTITUTE AND RESEARCH CENTER, ISLAMPUR

DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



NADIHINGU

Marathi Name:

Botanical Name:

Synonyms:

Family:

Common Name:

Description:

Dikemali

Gardenia gummiifera

Gardenia arborea, Gardenia inermis

Rubiaceae

gummy gardenia, Cambi gum tree

Gummy gardenia is a small tree which grows up to 3 meters. Gardenia is a genus of about 250 species of flowering plants. They are evergreen shrubs and small trees growing to 1-15 m tall. The leaves are opposite or in whorls of three or four, 5-50 cm long and 3-25 cm broad, dark green and glossy with a leathery texture. Leaf blade is 4-8 x 1.5-4 cm, ovate, obovate or obovate-oblong, base blunt, round or somewhat heart-shaped, tip pointed or blunt, margin entire, finely velvet-hairy when young, hairless when mature, shiny, leathery; lateral nerves 8-20 pairs, parallel, prominent. The flowers are solitary or in small clusters, white or pale yellow, with a tubular-based flower with 5-12 petals, form 5-12 cm diameter. Gummy Gardenia is native to Peninsular India.

Attributes :

Rasa – Katu , Tikta , Veerya – Ushna, Veepak –Katu, Guna– Laghu , Ruksha

Medicinal uses:

This species can be helpful in treating digestive problems, including dyspepsia and diarrhea; or used as an astringent and expectorant for nervous conditions and spasms