



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
Mandal, Islampur



Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

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DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



KANCHNAR

Marathi:

Botanical name:

Synonyms:

Family:

Common name:

Description:

Kanchan, kanchnar, kovidar, raktakanchan

Bauhinia variegata

Phanera variegata (L.) Benth.

Caesalpiniaceae

Kachnar, Orchid Tree, Variegated Bauhinia

Kachnar is closely related to peacock flower and to the tree many consider the world's most beautiful, the royal poinciana - and it shows! Orchid tree is staggeringly beautiful when in bloom - and it blooms for several months! Orchid tree grows 20-40 ft tall and 10-20 ft wide with a spreading crown of briefly deciduous leaves which are 4-6 in across and rounded with lobed ends and heart shaped bases. The leaves are shaped a little like a cow's hoof. The flowers are reminiscent of showy orchids, with five irregular, usually slightly overlapping petals in shades of magenta, lavender, purplish blue or even white. The flowers often make their first appearance in late winter while the tree is bare of leaves. The blooming period then lasts until early summer. The flowers are 3-5 in across and carried in clusters at the branch tips. A postal stamp was issued by the Indian Postal Department to commemorate this tree

Attributes:

Rasa: [Kashaya](#) Veerya: [Sheetha](#) Vipaka: [Katu](#) Guna: [Laghu](#) [Ruksha](#)

Medicinal uses:

Kachnar corrects the imbalance in hormones and helps in relieving menstrual disorders like anovulation and amenorrhea. Kachnar is also very beneficial for the overall female reproductive system and it is very beneficial in various diseases like PCOD, hypothyroidism, endometriosis, and fibroids in females. Kachnar is anti-microbial in action and it is very effective in reducing the size of enlarged lymph nodes on neck and groin region. This herb is also beneficial in nasal polyps as it reduces the size of polyp and helps in easy breathing. A decoction of this bark is very effective in tonsillitis and thyroid related problems. Kachnar is anti-diabetic herb for the sufferers of diabetes with good hypoglycemic activities