



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
Mandal, Islampur



Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

P.G. INSTITUTE AND RESEARCH CENTER, ISLAMPUR

DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



CHITRAKA

Marathi:

Chitraka

Botanical name:

Plumbago zeylanica

Synonyms:

Agni, Vahni, Jvalanakhya, Dahana, Hutabhuk

Family:

Plumbaginaceae (Plumbago Family)

Common name:

White leadwort

Description:

Chitraka consists of dried mature root of Plumbagozeylanica Linn. (Fam.Plumbaginaceae), a large perennial sub-scandent shrub, found throughout India in wild State and occasionally cultivated in gardens.

Attributes-

Rasa- Katu, Vipaka- Katu, Veerya- Ushana, Guna- Tikshna, laghu, Ruksha.

Medicinal uses:

Chitraka is used in treating intestinal troubles, dysentery, leucoderma, inflammation, piles, bronchitis, itching, diseases of the liver, and consumption. The leaves of this herb work well for treating laryngitis, rheumatism, diseases of the spleen, ring worm, scabies, and it acts as an aphrodisiac. A tincture of the root bark is used as an anti-periodic. Chitrak root helps improve digestion and it stimulates the appetite. Chitrak root is also an acro-narcotic poison that can cause an abortion.