



**Hon. Nishikant Bhosale-Patil  
(Dada)**

Founder, Prakash Shikshan  
Mandal, Islampur



Prakash Shikshan Mandal's

**LOKNETE RAJARAMBAPU PATIL**

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,  
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DIST-SANGLI (MAHARASHTRA) INDIA

## DEPARTMENT OF DRAVYAGUNA



## BHUMYAMALAKI

**Marathi:**

**Botanical name:**

**Synonyms:**

**Family:**

**Common name:**

**Description:**

Carry Me Seed is a small herb, usually under 30 cm tall, with numerous small oblong-elliptic or squarish leaves, glabrous, about 6-12 mm long. Yellow flowers are very small, and hang down in beautiful array hidden below the leaves. The flowers produce very small (2mm) fruits that burst open and the seeds are hurled away. This characteristic has inspired many of its common names. When the plants are picked, the feathery leaves fold in, completely closing themselves.

**Attributes :**

Bhuiawala

Phyllanthus niruri

Phyllanthus niruri var. amarus, Phyllanthus nanus, Phyllanthus scabrellus.

Euphorbiaceae

Carry Me Seed, Black catnip, Child pick-a-back, Gale of wind, Gulf leaf f lower, Hurricane weed, Shatterstone, Stone breaker

Ras – Tikta, Kashay, Madhur. Vipak – Madhur Virya - Sheet

Guna – Laghu, Ruksha.

**Medicinal uses:**

Carry Me Seed is an important plant of Indian Ayurvedic system of medicine which is used in the problems of stomach, genitourinary system, liver, kidney and spleen. It is bitter, astringent, stomachic, diuretic, febrifuge and antiseptic. The whole plant is used in gonorrhea, menorrhagia and other genital affections. It is useful in gastropathy, diarrhoea, dysentery, intermittent fevers, ophthalmopathy, scabies, ulcers and wounds.