

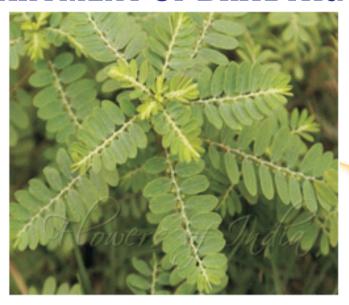
Hon. Nishikant Bhosale-Patil (Dada) Founder, Prakash Shikshan Mandal, Islampur

Seakagh .

Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL
AYURVEDIC MEDICAL COLLEGE, HOSPITAL,
P.G.INSTITUTE AND RESEARCH CENTER, ISLAMPUR
DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



BHUMYAMALAKI

Marathi: Bhuiawala

Botanical name: Phylanthus niruri

Synonyms: Phyllanthus niruri var. amarus, Phyllanthus nanus, Phyllanthus scabrellus.

Family: Euphorbiaceae

Common name: Carry Me Seed, Black catnip, Child pick-a-back, Gale of wind, Gulf leaf f

lower, Hurricane weed, Shatterstone, Stone breaker

Description: Carry Me Seed is a small herb, usually under 30 cm tall, with numerous small

oblong-elliptic or squarish leaves, glabrous, about 6-12 mm long. Yellow flowers are very small, and hang down in beautiful array hidden below the leaves. The flowers produce very small (2mm) fruits that burst open and the seeds are hurled away. This characteristic has inspired many of its common names. When the plants are picked, the feathery leaves fold in, completely closing themselves.

Attributes: Ras-Tikta, Kashay, Madhur. Vipak-Madhur Virya-Sheet

Guna-Laghu, Ruksha.

Medicinal uses: Carry Me Seed is an important plant of Indian Ayurvedic system of medicine which is used in the problems of stomach, genitourinary system, liver, kidney and spleen. It is bitter, astringent, stomachic, diuretic, febrifuge and antiseptic. The whole plant is used in gonorrhea, menorrhagia

and other genital affections. It is useful in gastropathy, diarrhoea, dysentery, intermittent fevers, ophthalmopathy, scabies, ulcers and wounds.