



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
Mandal, Islampur



Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

P.G. INSTITUTE AND RESEARCH CENTER, ISLAMPUR

DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



AWARTANI

Marathi:

Botanical name:

Synonyms:

Family:

Common name:

Description:

Murudsheng

Helicteres isora

Helicteres roxburghii G. Don

Malvaceae

East-Indian screw tree, Nut-leaved screw tree

East-Indian screw tree is a sub-deciduous shrub or small tree with grey coloured bark. Leaves simple, serrate margin, scabrous above and pubescent beneath. Flowers solitary or in sparse clusters, with red petals turning pale blue when old. Fruits greenish brown, beaked, cylindrical, spirally twisted on ripening. The twisted shape of the fruit is what lends most of its names like screw tree and maror phali.

Attributes:

Rasa-Kashay, Veerya- Sheeta, Vipak- Katu, Guna- Laghu, Ruksha.

Medicinal uses:

The roots and stem barks are considered to be expectorant, demulcent, astringent and antilactagogue. Bark is used in diarrhoea, dysentery, scabies, biliousness and is useful in gripping of the bowels. Root juice is used in antidiarrhoeal and antidysenteric formulations. Fried pods are given to children to kill intestinal worms.