



**Hon. Nishikant Bhosale-Patil
(Dada)**

Founder, Prakash Shikshan
Mandal, Islampur



Prakash Shikshan Mandal's

LOKNETE RAJARAMBAPU PATIL

AYURVEDIC MEDICAL COLLEGE, HOSPITAL,

P.G. INSTITUTE AND RESEARCH CENTER, ISLAMPUR

DIST-SANGLI (MAHARASHTRA) INDIA

DEPARTMENT OF DRAVYAGUNA



ASHAMANTAK

Marathi Name:

Apata

Botanical Name:

Bauhinia racemosa

Synonyms:

Family:

Caesalpiniaceae

Common Name:

Bidi Leaf Tree

Description:-

Bidi Leaf Tree is a small crooked tree with drooping branches, growing up to 3-5 m tall. Leaves are typical Bauhinia like, shaped like cow's hooves. They are broader than long, 2-5 X 3-6 cm. The leaves are used for making bidis. Small flowers are borne in loose racemes, 5-10 cm long. Flowers are about 1 cm, greenish white. Petal are 5, narrow lancelike, stamens 10. Pods 13 to 25 cms by 1.8-2.5 cms in size, generally curved, swollen, rigid. Seeds 12 to 20, glabrous, dark reddish brown or black, compressed, 8mm long. Flowering: February-May.

Attributes :

Ras – Kashaya Madhura , Vipak – Madhura, Virya – Sheeta Guna – Guru Snigdha

Medicinal uses-

Racemosa are sweetish and acrid, refrigerant, astringent and is used in the treatment of headache, fever, skin diseases, blood diseases, dysentery and diarrhoea. A decoction of the bark is recommended as a useful wash for ulcers. The tree is demonstrated to have anti-oxidant and hepato-protective effects.