

Hon. Nishikant Bhosale-Patil (Dada) Founder, Prakash Shikshan Mandal, Islampur Prakash Shikshan Mandal's

Prakash

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DEPARTMENT OF DRAVYAGUNA



ARKA

Marathi: Rui

Botanical name: Calotropis procera

Synonyms: Asclepias procera, Calotropis wallichii, Madorius procerus

Family: Asclepiadaceae Common name: Crown flower

Description: This large shrub, which can sometimes grow large enough to look like a small tree, sports clusters of waxy flowers that are either white or lavender in color. Each flower consists of five pointed petals and a small, elegant "crown" rising from the center, which holds the stamens. The plant has oval, light green leaves and milky stem. In India, the plant is common in the compounds of temples. The fruit is a follicle and when dry, seed dispersal is by wind. The seeds with a parachute of hairs, is a delight for small children, who like to blow it and watch it float in the air. This plant plays host to a variety of insects and butterflies.

Attributes: Ras – Katu, Tikta, Vipak – Katu, Virya - Ushna

Guna-Laghu, Ruksha

Medicinal uses: The root bark has been used for cutaneous disease, intestinal worm, cough, ascites and anasarca. The root powered is useful in bronchitis, dyspepsia, gastroenteritis, dysentery, piles, boils, scrotal enlargement, filariasis, and cancer.Pharmacological studies have shown that Calotropisprocera Linn. Possesses a wide range of biological activities such as anti-diabetic, analgesic, anti-inflammatory, anti-arthritic, anti-oxidant, anthelmintic, anti-candidial, wound healing, anti-convulsant, anti-tumor, anti-asthmatic, hepatoprotective and cytotoxic. This reviews presents pharmacognostical, pharmacological and uses of Calotropisprocera Linn. In Ayurveda.

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